



2021 Australian Under 15 & Youth Championships Online Regulations

The aim of these Online Competition Regulations is to enable the National U15 & Youth Championships to proceed under COVID-19 Lockdown conditions by providing the opportunity for real, live, and nationwide participation from multiple locations in as safe an environment as possible while observing applicable laws.

Note: All athletes must be supervised by an adult during their weigh-in and when competing.

1. PLACE

An AWF APPROVED Venue (e.g. an established training or competition facility, or home gym)

2. COMPETITION REGULATION

The event will follow the IWF Technical and Competition Rules & Regulations (TCRR), with the following exceptions:

- Composition of Technical Officials involved

Competition Venue (hub): Two State or higher level Technical Officials are required at the Competition venue to supervise the weigh-in of the athletes, verify the weight loaded on the barbell and give a visual Down Signal if required.

Home Gym: A supervising adult must be present during the weigh-in and competition and be prepared to assist by providing a visual Down Signal if required.

3. EVENT CATEGORIES

- Age Groups
 - Youth: born between 1 January 2004 and 31 December 2008.
 - Under 15: born between 1 January 2006 and 31 December 2008.
- Bodyweights
 - Men: 49/55/61/67/73/81/89/96/102/102+
 - Women: 40/45/49/55/59/64/71/76/81/81+



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4. SPORT EQUIPMENT

The bars, discs, and collars must meet the weight, dimension and colour specifications of the IWF Technical and Competition Rules & Regulations (TCRR).

Collars must be used, for safety. Where regulation 2.5kg collars are used, they will contribute to the calculation of the weight of the barbell. Spring collars or clip collars may be used but they will not contribute to the calculation of the weight of the barbell.

When loading the Barbell it must be loaded with discs with the colour identification for their weight: (As per IWF TCRR 3.3.3.6). If the colour of the discs to be used does not meet the regulations, coloured tape or similar must be applied on the facing edge to identify the weight of the disc, in accordance with the colour specifications below.

- 25 kg red
- 20 kg blue
- 15 kg yellow
- 10 kg green
- 5 kg white
- 2.5 kg red
- 2 kg blue
- 1.5 kg yellow
- 1 kg green
- 0.5 kg white

5. AWARDS

- T-Shirt
- Medals – Top 3 per category
- Team Trophy
- Best Lifter Awards

6. PROCEEDINGS OF THE COMPETITION

VERIFICATION OF ENTRIES

State Associations must confirm the Final Entries via the AWF online verification system no later than 12:00hrs AEST on Thursday 1st July 2021.

WEIGH-IN

The weigh-in will be conducted online by a Competition Secretary via a secure Microsoft Teams Meeting link and assisted by the assigned Technical Official (or athlete assistant for home gyms) on location. The Athletes' bodyweight and the first attempts (Snatch and C&J) will be recorded by the Competition Secretary (see IWF TCRR 6.4.1). Athletes **MUST WEIGH-IN WEARING THEIR LIFTING SUIT**, an allowance of 0.5 kg will be given for the suit and undergarments. E.g. the weight displayed on the scale is 81.5kg, the weight recorded by the Competition Secretary is 81.0kg.



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COURSE OF COMPETITION

The Competition will be conducted according to the regulation 6.6 in the IWF TCRR, i.e. lifters will be called according to the usual sequence.

A two-minute countdown will commence at the start of presentation. The competition will commence at the completion of presentation of athletes and technical officials, or at the end of the countdown, whichever is last. There will be **NO 10 MINUTE BREAK** between the end of the presentation and the calling of the first Athlete.

All lifters must have the barbell loaded to the weight requested before they are called to the Platform, however if the platform is being used by more than one athlete and consecutive lifts are called on the same platform the clock will not commence until the bar has been loaded for the following athlete.

When an athlete has consecutive attempts, they will be given 3 minutes to complete the consecutive attempts, i.e. an additional one-minute allowance to load the bar.

When a change or declaration is made THE BAR IS ASSUMED TO BE LOADED and we will continue with the calling order and flow of the competition.

- If the barbell is misloaded to a heavier weight than called and it's a Good Lift, the lifter will be credited with the weight that was called.
- If the barbell is misloaded to a lighter weight than called, it will be judged as No Lift even if the lifter is successful.
- If the technology at the lifting site fails and the Online Referees cannot judge the attempt it will be a No Lift.
- If the AWF technology fails, e.g. the correct lifter isn't spotlighted or something happens at our end that causes the Online Referees to not see the attempt - the Jury President may grant another attempt.

There will be a regulation 10 minute break between the Snatch and Clean and Jerk unless otherwise announced.

7. TECHNICAL OFFICIALS

There will be 6 remote Technical Officials, 3 acting as Referees and 3 acting as the Jury. The Jury President will act as the Reserve Referee. The remote Technical Officials will be watching the attempts from their own location via Video.

The audible down signal will be given by the Centre Referee, and may be relayed to the athlete by an assistant (e.g. coach or technical official) on location if necessary.

The decision of the Reserve Referee (Jury President) will be considered only if one of the main referees' decisions is absent.

There will be a Jury. The Jury may overturn a decision if there is unanimous agreement within the Jury. There are no challenges or replays.



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8. ONLINE TECHNOLOGY PLATFORM OF THE COMPETITION

The competition will be conducted on the Microsoft Teams platform and connected to the IWF Technology and Information System (TIS).

Information sessions are compulsory for all competition support personnel, e.g. coaches, onsite technology managers, venue managers, etc. and Technical Officials, prior to the competition. Details of these sessions will be organised by the AWF and communicated to each State Association.

Connectivity testing is mandatory for all competition venues. If the connectivity test is not satisfactory, the venue may not be approved as a competition site. If during the competition there is an unsatisfactory video image and the referees cannot adjudicate the lift, the lift will be declared to be a No Lift.

9. TECHNICAL REQUIREMENTS

Venues will require a minimum of three devices:

- A device with good quality camera (preferably HD) to connect via Microsoft Teams.

Camera shall be located directly in front of the athlete.

The Camera shall be located 3-4 meters from the athletes' Platform at ~1 meter height ensuring that the athlete and barbell are fully visible at the finishing position and the complete Platform are fully visible. The assistant relaying the down signal must be positioned just beside the camera to provide an audible and visual down signal to the Athlete.

- A device to communicate weight changes for athletes via secure links (there can be multiple devices if available)
- A device with good quality camera to conduct weigh-in for athletes via Microsoft Teams.

A Connectivity Test will be required for a venue to be approved for the competition.

10. BROADCAST

Please be aware that the competition will be broadcasted live on the AWF's YouTube channel and / or Facebook and recorded. All attendees should be informed that they may appear in the broadcast and the recording.

11. HEALTH AND SAFETY

All participants and attendees must abide by the health regulations applicable to them at all times. All participants have an obligation to minimise the health and safety risks to themselves and others and accept all risks arising from their participation in this event.



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12. TIMELINE

Final Regulation	Wednesday 30 th June
Connectivity Tests	Thursday 1 st July onwards
Information Seminar	Thursday 1 st July
Rehearsal	To be advised. By invitation.
ITO Seminar	Thursday 1 st July, 14:00 AEST
VOE	Thursday 1 st July, 12:00 AEST
Competition	Saturday 3 rd – Sunday 4 th July

13. TIMETABLE

Will be finalised after the close of Verification of Entries.